GOVERNMENT OF INDIA
HEALTH AND FAMILY WELFARE
LOK SABHA

UNSTARRED QUESTION NO:4640
ANSWERED ON:18.04.2001
PROTEIN POWDER
RAGHUNATH JHA

Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:

(a) whether artificial protein powder is being sold in the market to lose weight;

(b) whether that powder has dangerous effects on health;

(c) if so, the details thereof;

(d) whether any investigation has been done into the matter;

(e) if so, the outcome therefor;

(f) whether the Government have any proposal to ban the sale of such protein powders; and
(g) if not, the reasons thereof?

Answer

THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND FAMILY WELFARE (SHRI A. RAJA)

(a) to (g) : Some powders are reported to be sold in the market as food supplements which make claims for facilitating weight loss. Since these products do not come under the category of regular food under the PFA Act 1954, no investigation has been carried out about their effect on health so far; There is no proposal to ban the sale of such powders. However, to regulate the sale and quality control of these products, the Central Committee for Food Standards, a statutory technical advisory committee under the PFA Act, 1954 has recently recommended that an expert Committee may be constituted by the Director General of Health Services, to look into the matter.